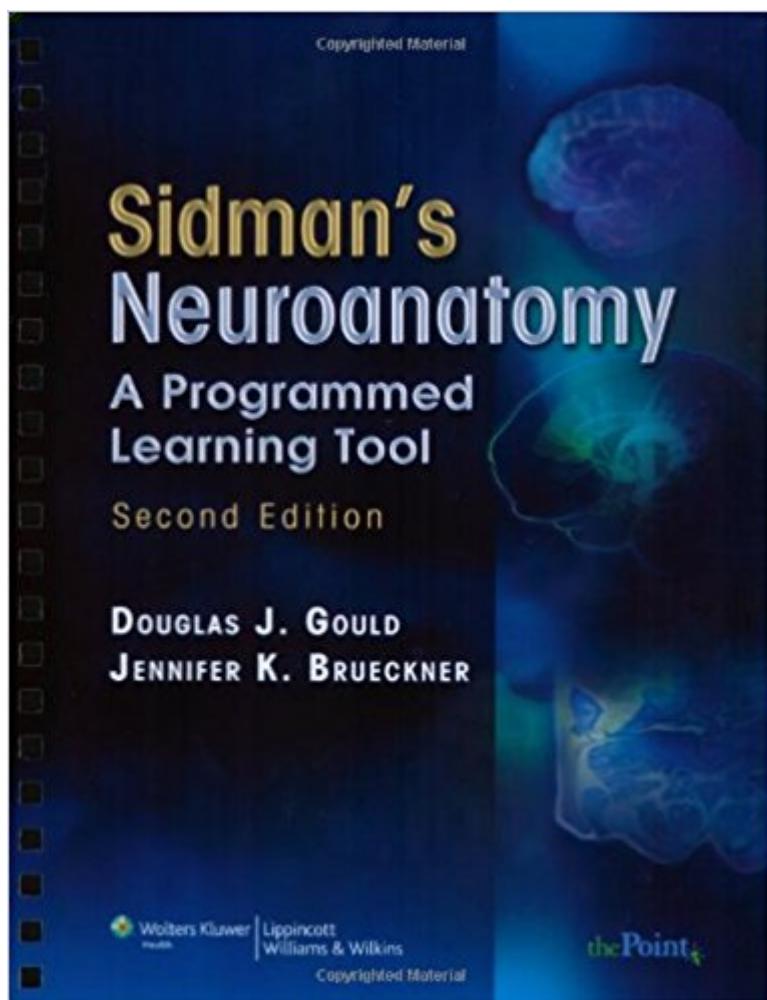


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# **Sidman's Neuroanatomy: A Programmed Learning Tool (Point (Lippincott Williams & Wilkins))**



## Synopsis

Sidman's Neuroanatomy: A Programmed Learning Tool, Second Edition is an innovative combined neuroanatomy text and review that covers the structure of the entire nervous system. Its unique programmed learning approach allows students to easily retain information and learn at their own pace by slowly building on previously learned concepts throughout each chapter. The programmed learning approach introduces new information and reviews previously learned information by presenting it in new contexts, calling attention to important details and illustrating steps in a reasoning process. This learning method adds to and reinforces the student's understanding and retention of neuroanatomical knowledge. This edition features updated illustrations, a systems-based organization, and new concepts on the cerebellum, extrapyramidal pathways, special sensory pathways, diencephalon, ventricular system, and vascular anatomy. Terminology has been updated to conform to Terminologia Anatomica.

## Book Information

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## Customer Reviews

Super helpful! I never would have thought I would be a programmed learning type, but the vastness of neuroanatomy makes this kind of tool really helpful, and I have found it to be super helpful. It was recommended to me by fellow MD and PA students. My one piece of advice is to get this book before your neuro anatomy courses start and start working through it because otherwise there is just not enough time if you start in the middle of the course as I did.

Such a simple, and dare I say it, fun way of learning neuroanatomy. If you're a medical student, seriously just buy this book and complete it at the beginning of your neuroscience course (the 50 bucks isn't much compared to the hundreds of thousands in debt you've already signed up for). My professor recommended this book, and after reading the positive reviews of it on here, I decided to give it a try. Trust me when I tell you that doing so put me well ahead of my classmates when it came to a spatial/functional understanding of the CNS. I used this book and "Clinical Neuroanatomy Made Ridiculously Simple", and I crushed the first exam related to this material. These two resources have been beyond helpful in studying medical neuroscience. Good luck!!

This book does not have the correct layout of the book. As you go through it, you'll realize more and more things are missing that are really important for you to study this! I'm talking about the electronic version.. not the hard copy version. I was filling out some problems, and there were things missing that it was hard to make sense of what I was actually trying to figure out. When I turned to the answer section, there were 3 fill-in-the-blank answers when there was only 1 line in the actual question! I tried changing the layout of my kindle at first, and then the layout of it on my laptop but none made a difference. Overall, I gave it 1 star because it is not formatted to be in e-version.

As a postgraduate student (from 1970s) in Psychology I wanted to review and update my brain anatomy to be able to understand newer findings from the imaging techniques that have revolutionized my field. Sidman's text has been the most valuable of the many that I have purchased. His interactive approach to the brain is unique. It involves labeling and completing anatomical drawings of various structures with their function--this integration enables you to understand a system without having to memorize substructures that out of functional context are difficult to remember. By also working with the Human Brain Coloring Book (Diamond), I am making remarkable progress very quickly and enjoyably. A true gem.

Never learned neuroanatomy better than using this book! This book is tedious but I can guarantee by the end of going through this you would know neuroanatomy very thoroughly! Wish they would give this book in graduate school because this book definitely helped me get through my third quarter of anatomy in dental school. For those who are struggling, purchase this book and do it everyday religiously. You will know it forwards and backward by the end of it!

Great neuroanatomy programmed learning too, as an update of the book used at Yale Med. Intelligent and well thought-out, with the right degree of challenge. You can study short neuroanatomy courses, e.g. a one-month course, the Great Courses CD set, or you can do it yourself, at your own pace. This is the book for the auto-didactic who wants a background for further neuroscience!

For all the positive reviews of this book, I find that it has quite a few errors. (The example that is annoying me right now is on page 556 the superior salivatory nucleus is labelled in one spot, and on the next answer key on page 558, it is in a different spot.) Overall still helpful, but conflicting information page to page makes for a frustrating learning experience. In addition, many of the blanks provided for writing in answers are impossibly small, as are the diagrams that need labeling.

As a neurobiology major, this anatomy book was very helpful in furthering my understanding of the location and function of structures in the brain. The way the book is set up (with repetitious fill-in the blanks, and labeling on diagrams) really cements neuroanatomy material into your medial temporal lobe (semantic memory storage). I would definitely recommend this book for those who want to really learn neuroanatomy. It is a fairly lengthy book (over 700 pages), and a serious time commitment. However, I recommend not just copying in the answers from the back of each page. By putting in the work, you will be rewarded with impressive knowledge that really does stick. This book does not go as in-depth as it could (that would take many more pages), but it still provides a solid introduction (more sophisticated than most undergraduate neuroanatomy courses) to the world of neuroanatomy. I would recommend filling this book out in pen (preferably erasable, unless you are extremely confident). The reason for this is that pencil is often difficult to see due to the glare of the pages. In addition, the diagrams, in particular, mask pencil marks very well. If you intend to go through your work to brush up on things, then definitely use pen. Another tip to get the most out of this book is to just do chunks at a time, instead of rushing through the entire thing. This book is quite heavy, so I would not recommend this if you need to constantly take it on the go. Also, the spiral binding is sometimes a bit cumbersome. Although I do believe this binding is the most practical for a 700+ page workbook. Forgive me for rambling. The material covered in this book is very good, and I would recommend this product if you are at all interested in learning about the anatomy of the brain and nervous system.

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